

# What Are You Missing?

*“How to Build Optimism in our Homes,  
Schools, Businesses and Churches”*

*Presented by:*

# Dr. Robert Veninga

*Dr. Robert Veninga*, Professor Emeritus in the School of Public Health at the University of Minnesota and award-winning author.

Date: June 22, 2010,  
6:00pm - 7:00pm

Moorhead High School Auditorium  
2300 4th Avenue South  
Moorhead, MN 56560

## *Resource Fair*

June 22, 2010,

5:30pm - 7:30pm

**Learn** what the local agencies and groups are doing to promote resilience and healthy emotional response to crisis. You'll find resources for helping children, teens, and adults bounce back and adapt.

**What** can you do to make sure you don't miss anything of importance in life? What can parents do to build a hopeful spirit at home? This presentation comes with a guarantee: You will leave with a smile on your face and a new determination to stay focused on that which is essential in life.



### *Sponsors:*

- City of Fargo
- Red River Resilience
- North Dakota Department of Health
- University of Minnesota Center for Public Health Preparedness
- Midwest Center for Life-Long Learning in Public Health

<http://www.RedRiverResilience.com>